

POWER ANIMALS & SPIRIT GUIDES

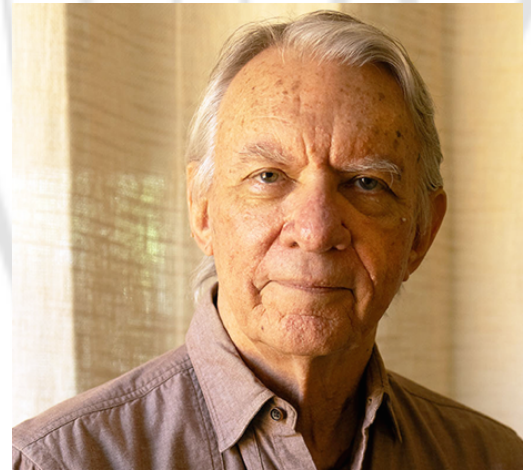
Bringing Shamanism to Everyday Life

The shamanic experience is a global way of understanding the world and working with Spirit – a world view that is closely connected to the Earth and wisdom of the ancestors. Shamanic practices have been developed over thousands of years and are as relevant today as they have ever been in history.

In this experiential workshop, gain insights into:

- Animism as a Foundation of Shamanism
- Guides and Teachers in the Spirit World
- The Role of Animals in Shamanic Cultures
- Power Animals and Totems
- Building Relationships with Guides

Gerry C Starnes, M.Ed. has been a shamanic practitioner and teacher for more than 30 years. He is the best-selling author of the award-winning *Spirit Paths: The Quest for Authenticity*.



Gerry offers group and individual sessions, teaches classes regularly, and presents a variety of personal development workshops. He is a Founding Member of the *Shamanic Community of Austin* and the *Society for Shamanic Practice*.

Sept 26 ~ 3:00-5:00pm ~ \$40

Anahata Yoga • 13435 US Hwy 183, #414 • Austin, TX 78750
Information and Registration at anahatayogaatx.com